

# SOUTH WEST TEACHING AND LEARNING CONFERENCE

INNOVATION • ASPIRATION

SOUTH WEST  
ACADEMIC TRUST

COLLABORATION • MOTIVATION

# 2019

Collaboration • Motivation • Aspiration • Innovation

THURSDAY 13<sup>th</sup> JUNE

Presenters are from SWAT schools,  
partner schools and the university

# THE UNIVERSITY OF EXETER

10am-3.30pm

## KEYNOTE SPEAKERS :

**Dame Alison Peacock**

A New College - a new collegiality?

**Edward Watson**

Founder: InnerDrive

Cost **£25** per delegate  
including lunch

For ticket info email:  
[swatconference@poolegrammar.com](mailto:swatconference@poolegrammar.com)

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## THE SOUTH WEST ACADEMIC TRUST

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The South West Academic Trust (SWAT) continues to make a positive contribution to education in the South West. Our key aims are: to increase social mobility; develop future leaders; research expert practice in stretching the more able and to work collaboratively with schools and other institutions in the region to improve outcomes for young people.

Much of our success is based on the work of the SWAT Co-ordinators in individual schools. Their passion and energy in planning learning opportunities for students and professional learning

opportunities for staff are boundless. A special thank you should go to Katie Etheridge who has co-ordinated this work for the last year. We have also expanded the range of 'Challenge' activities which bring students from our schools together, with thanks to Chris Harris for his work in arranging these activities and for encouraging us with ideas we can use in our schools.

The annual Teaching and Learning conference, hosted again by Exeter University, includes contributions from a large number of schools in the South West and is a wonderful opportunity to showcase and share good practice. We are particularly pleased to continue offering student workshops in our programme this year, these are often the most popular sessions at the conference. The range of workshop themes reflects our profession at its very best – so our thanks go to colleagues who have offered to contribute.

**Andy Baker**  
**Headteacher and SWAT Chair 2018-19**

## KEY NOTE SPEAKERS

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### Edward Watson

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Edward Watson is a graduate of Oxford University who served seven years in the army. After completing a MBA at London Business School he worked as a strategic management consultant for Marakon Associates and then in the computer games industry. In 2006 he founded InnerDrive, a mental skills company that helps people develop the right mindsets to do well at school, in business, in sport and in life. Over the past decade, Edward has designed and delivered student workshops, parent workshops and teacher CPD at hundreds of schools in the UK and around the world.

## Professor Dame Alison Peacock

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Professor Dame Alison Peacock is Chief Executive of the Chartered College of Teaching, a new Professional Body that seeks to raise our status through celebrating, supporting and connecting teachers to provide expert teaching and leadership. Prior to joining the Chartered College, Dame Alison was Executive Head teacher of The Wroxham School in Hertfordshire. Her career to date has spanned primary, secondary and advisory roles. She is an Honorary Fellow of Queens' College Cambridge, member of the Royal Society's Education Committee, and a Visiting Professor of both the University of Hertfordshire and Glyndŵr University. Her research is published in a series of books about Learning without Limits offering an alternative approach to inclusive school improvement.

## STUDENT PRESENTATIONS

### **S1 : FOMO – the teenage addiction**

*Devonport High School for Girls*

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Students offer an insight to the challenging reality of the world inside their own bedrooms. Delving into the very real issues of internet prime time, mental, social and physical impacts and just how startlingly alike a mobile phone addiction is to drug addiction.

### **S2 : The fight against bullying, and how the Diana Award has helped us**

*Poole Grammar School*

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This student-led session will explore the work of Poole Grammar School's Anti-Bullying Ambassadors; the training which they received through the Diana Award, their successes and the challenges they have faced. Their insightful approach will give you an opportunity to consider how something similar could be put in place within your own school.

### **S3 : STEM beyond the classroom**

*Colyton Grammar School*

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In a school where we have had to make the very difficult decision to no longer offer technology as a curriculum subject, we are adamant that Design and Engineering will still be central to our co-curricular programme. The Royal Society argues that, "Science is at the heart of modern life and essential to understanding the world. Along with Mathematics and computing, it equips young people to prosper in today's rapidly changing, knowledge-focused economies". Active participation in STEM events such as the Vex Robotics competition is a fantastic example of applying curriculum knowledge in a 'real world' context, and our year 12 students will outline what they gained from the experience, and how to organise a similar opportunity in your school.

### **S4 : Mindfulness from a student perspective**

*Poole Grammar School*

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An overview of how we have included mindfulness into the PSHE curriculum. The aim of the session is to share with colleagues how we have taught mindfulness through PSHE and for the students to share how they have found this valuable.

## WORKSHOP CHOICES

Delegates are able to choose ONE from each of the following THREE GROUPS.

We appreciate that some workshops will be oversubscribed and will do our utmost to meet your requests.

### WORKSHOPS GROUP A

#### **A1 : How to improve your interview technique and how to secure that promotion**

***Bournemouth School for Girls – Alistair Brien***

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A workshop run by a Headteacher who will offer his practical support for the interview process and personal development.

#### **A2 : Using technology to create an inclusive classroom**

***Churston Ferrers Grammar School – Bob Owers/Sarah Howgate***

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In 2014 we provided all Year 10 students with a chromebook. By 2018 all students in Year 9 to 13 had a chromebook. The impact on teaching and learning has been very significant, especially for our more disadvantaged students. This session aims to 'bust the myth' that schools cannot afford 1:1 technology in the classroom. We will also present some of the challenges we faced in implementing 1:1 technology in the classroom as well as some of the fantastic resources currently available to support learning.

## **A3 : A practical workshop developing active learning strategies for your classroom**

***Kingsbridge Community College – Jon Eaton***

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Although there are different types of cooperative learning, we will look at why the Kagan Cooperative Learning approach is particularly powerful for students - and practical for teachers. While exploring the key principles that distinguish it from ineffective group work, we will aim to make the workshop a practical one: you will have the chance to try out a range of Kagan structures and think about how you might use them in your own classroom.

## **A4 : The Blue Zone**

***Torquay Girls' Grammar School – Dr Nick Smith / Karen Bumby***

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A Blue Zone school

If you want to improve your results you need to keep your students healthy. In an effort to counter the rising tide of student ill health we have established a whole school health curriculum. It is based on the work of Dan Buettner who studied the 5 places in the world (Blue Zones) where people live the longest. This session shows how we have made '9 Habits to help you live a big, long, happy and healthy life,' the absolute core of our curriculum.

## **A5 : Lessons from Cognitive Psychology**

***Poole Grammar School – Tim Carter***

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Dylan William described Cognitive Load theory as “the single most important thing for teachers to know”, since if we understand how memory works, we can deliberately teach in a way that helps our students to learn effectively. On the other hand, if we overload working memory we stop the learning process. In this talk I'll explain some simple models for how memory works, and describe some strategies for making learning effective and preventing cognitive overload.

## **A6 : What do we talk about when we talk about curriculum?**

### ***South Wilts Grammar School – Mark Nolan***

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With the new emphasis on the nature and the breadth of curriculum in discussions of education quality (and the proposed new inspection framework), this is an important moment to reflect on how to construct a coherent sense of what we do, academically. This session will aim to discuss some of the theoretical groundings of curricular thinking, to address questions about the role of knowledge in specific disciplinary contexts and to illustrate the beginnings of our journey towards 'wrestling with curriculum'. Suitable for teachers, middle leaders and senior leaders who want to either get a grounding in discussions of curriculum and knowledge rich teaching or want to develop their understanding of how to lead on issues of curriculum development at a departmental or whole-school level.

## **A7 : Research Schools Network**

### ***South West Research School – Tom Colquhoun***

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An introduction to The Research Schools Network. Learn from Tom Colquhoun, Director of West Somerset Research School, about the remit of the national network and hear about some of the resources that are available to help you become more evidence-informed in your practice.

## WORKSHOPS GROUP B

### **B1 : How can we plan the ultimate challenge lesson?**

***Colyton Grammar School – Chris Harris***

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Blending theory with practical strategies, this session will explore how challenge tasks can be built into all lessons for all students rather than simply being deployed as “bolt-on stretch tasks” for pupils who finish early. In doing so, the session will also discuss how planning for challenge connects to other current educational themes, such as the knowledge-rich curriculum, memory-for-learning, low-stakes formative assessment and cognitive load theory.

### **B2 : Achieving 'Outstanding' Personal Development: How NCS can support schools in achieving the new Ofsted framework.**

***NCS Trust – Natalie Archer***

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Our workshop will provide tangible evidence and strategies for school teachers and leaders to provide 'outstanding' PD provision. With the new frameworks focus on PD and the importance of ensuring students participate in a range of internal and external activities, NCS is working to support schools in creating bespoke and intuitive provision for young people to develop the core skills of resilience, independence and experience in the workplace. We intend to provide school teachers and leaders with compelling and robust strategies for how NCS can support in:

- Embedding the Gatsby Benchmarks
- Developing and enhancing Social Action (another key facet of the Ofsted framework)
- Contributing to UCAS and Post-18 outcomes and destinations
- Helping build a culture of volunteering and civic action
- Providing T+L opportunities (for retention and professional development) through the creation of a NCS School Coordinator role

## **B3 : Using Digital Leaders to promote digital skills across the school**

### ***Devonport High School for Boys – Claire Buckler***

How starting a digital leader program can embed the use of technology across the school, be a showcase of student leadership skills and save your IT support department time and money. A practical guide to the benefits of running a scheme and the benefits it has for students and staff.

## **B4 : 'It's CLEESE SIR - A cautionary tale of teaching, technology and teenage boys'**

### ***Poole Grammar School – James Randall***

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Earlier this year James Randall found himself thrust into the national (and in some cases international) spotlight when one a member of his tutor group recorded him in class on his mobile phone and shared it with the school – and subsequently other schools in the area – leading to the tabloid press running it as a story. In this talk, James will share how a straightforward discipline issue spiralled out of control, and will discuss the merits of technology in school. He will also discuss the importance for schools to update their behaviour policies to move with the same speed as the ubiquitous devices students use every day.

## **B5 : A Whole School Approach to Homework: Case Study**

### ***South Wilts Grammar School – Richard Rooney***

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The session is aimed at middle leaders/senior leaders with responsibility for homework and Heads of Year / Directors of Learning.

A Whole School Approach to Homework: Case Study

- Implementing a whole school reward and sanction system for HW
- Tackling the issue of repeat offenders
- Launching and implementing the use of Show my Homework

## **B6 : Learning**

### ***South Wilts Grammar School – Keisha Kirby / Abi White***

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How do we learn? Are we teaching if our students aren't learning? Learning is a mind altering experience...how exactly can we alter the brains of our students and how can we ensure that the information 'sticks?'. This session is for anyone that wants to gain understanding of the Biology and Psychology involved in learning and processing information.

## **B7 : Setting up, running and winning the National Bar Mock competition**

### ***Plymouth High School for Girls – Lucy Findlay/Peter Goodchild***

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Having won the Bar Mock National competition and been privileged to perform at the Old Bailey in front of some of the leading law lords we would like to share with you how we set up and run the Citizenship Foundation's Bar Mock Trial competition in our school. We will also share advice and tips gleaned from our years of practice and success, which has led to us being winners of the national final twice.

## WORKSHOPS GROUP C

### **C1 : Wellbeing**

#### ***Bournemouth School for Girls – Melanie Braye***

Aimed at pastoral leads/ teachers with pastoral responsibilities. A focus on mindfulness with the Myriad Project ideas in mind. Also a consideration of general well-being in schools. An open forum to discuss what schools are doing for the changes to PHSE programmes for Sept 2019.

### **C2 : Raising achievement in English at GCSE level**

#### ***Devonport High School for Boys – Tom Briars***

Tom Briars is an English teacher who will be presenting on raising achievement at GCSE level. He's coordinating the #Litdrive initiative on twitter for English teachers (#TeamEnglish) to share resources online. There will be practical advice, hints and tips on how to motivate teachers to want to be better - the key to transforming a department.

### **C3 : Improving knowledge retention**

#### ***Parkstone Grammar School – Jo Scopes***

Research and development of strategies for use in the classroom to improve students' metacognition and self-regulation and to develop students' knowledge retention in a knowledge rich curriculum

### **C4 : How do you prepare your students for 2030 when it is proposed that 65% of the jobs they will be doing have not even been invented today?**

#### ***Poole Grammar School – Andrew Roberts-Wray***

The Young People Index will present one way to prepare for this eventuality. They will present their psychometric tool that individualises the learning for every student. They will show the range of programmes used when working with students (using NCOP funding). They will demonstrate the measurable outcomes that can be achieved through delivering the Gatsby Benchmarks, and motivating and inspiring students to prepare themselves for the world beyond school, college and/or university.

## **C5 : Leading Staff Cultural Change**

### ***Poole Grammar School – Steve Jenkins***

This workshop looks at how the 'staff culture' of a school can be analysed and how that analysis can contribute to positive cultural change. Attendees will be given some practical tools for analysing 'staff culture' and ideas to help formulate a cultural change plan. This workshop will be most useful for SLT members or Subject Leaders of large departments.

## **C6 : Evidenced Informed Leadership**

### ***SIGMA Teaching – Fritz Penn-Barwell***

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An opportunity to review evidence supporting different leadership styles in the successful implementation of school improvement. Using Goleman's work on Emotional Leadership and the latest guidance from the Prof Jonathan Sharples of the EEF.

## **C7 : Study Skills for switched off boys**

### ***Torquay Boys' Grammar School – Abi KilPatrick***

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Dual award, rather than separate sciences, is very much seen as the option for less able students, and the effect that this has on our boys can make them stop engaging with lessons. My project has used personalised study skills and thinking tools to put the students back in charge of their learning, with surprising results!

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## **BOOKING A PLACE :**

To book your place on the Conference please have this booklet with you and go to the link below to complete the online booking process :

<https://www.trybooking.co.uk/6867>

Note : You can only book 1 ticket at a time as you will be asked to confirm workshop choices and dietary requirements on completion. This is required for each delegate / attendee

For any questions or issues please contact Alison Griffiths.

**Alison Griffiths – Poole Grammar Grammar School**

**Email: [Swatconference@poolegrammar.com](mailto:Swatconference@poolegrammar.com)**

**Tel : 01202 692132**

## **PARKING :**

Please be aware that parking around the University site can be difficult. The University suggest using public transport or arranging shared transport. Some schools will taking minibuses or coaches to the event and may be able to offer spaces.

**SOUTH WEST TEACHING & LEARNING CONFERENCE 2019**  
**Thursday 13 June ~ 0930 to 1530**  
**Exeter University**

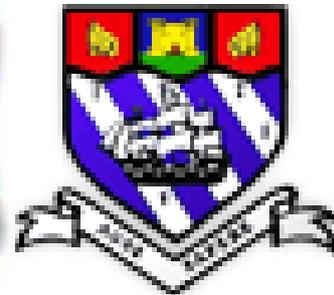
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## PROGRAMME FOR THE DAY

Timing	Length	Detail
9.30 am – 10.00 am	30 mins	<i>Registration &amp; Coffee</i>
10.00 am – 10.05 am	5 mins	Introduction – Andy Baker SWAT Chair
10.05 am – 10.50 am	45 mins	<b>Keynote Address - Edward Watson</b> Introduced by Andy Baker, SWAT Head teacher Chair
10.50 am – 11.00 am	10 mins	Questions – Chaired by Andy Baker
11.05 am – 11.45 am	40 mins	Workshop A
11.50 am – 12.20 pm	30 mins	Student Research Presentation
12.20 pm – 1.00 pm	40 mins	<i>Buffet Lunch</i>
1.05 pm – 1.50 pm	45 mins	<b>Keynote Address - Dame Alison Peacock</b> Introduced by Andy Baker, SWAT Head teacher Chair
1.50 pm – 2.00 pm	10 mins	Questions – Chaired by Andy Baker
2.05 pm – 2.45 pm	40 mins	Workshop B
2.50 pm – 3.30pm	40 mins	Workshop C
3.30 pm		<i>Networking &amp; Departure</i>

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